

# TOWER NOTES - MAY 2024

Prospect Street - A United Methodist Congregation

Volume 17, Issue 5



Over the past few months, our book study group has been reading a book that is an examination into the Apostles Creed. For quite a few weeks, our focus has been on the lines regarding Jesus and who we believe Him to be. He was born of the virgin Mary, suffered under Pontius Pilate, was crucified, buried, descended to the dead, he rose again and ascended into heaven where he is seated at the right hand of the Father. This is a paraphrase of course. What we have learned from one another in terms of what we have emphasized or de-emphasized in our growing up in the church has been fascinating. But what has really come to light for me is to understand that the creed was written so as to make sure all believers understood that this world, even in spite of its ugliness, is good. While this world is full of sin and brokenness, if we open our eyes and trust in our God, we can just as easily see the sacredness in every nook and cranny.

Jesus demonstrated to us a plethora of things and one of them was the idea that there's no place God can't go. Which really means that anything and everything is within the bounds of transformation. Transformation. When you think about the crux of our faith, it has to do with God going through a transformation of God's own self. From the divine Word of God to putting on the flesh of humanity. God showed us that in order for redemption to take place, God and humanity had to co-mingle if you will. Fully God and fully human was Jesus. He wasn't one or the other but both. It was a sacred spiritual science experiment and it worked.

We find ourselves so divided these days. We believe it's either this or that and when we do this, I believe we are not engaging in the right conversations. Conversations that will bring about change and something new. Which, to me is the only way we, as a people, will thrive and grow not only as creations of God but also as people of faith who believe in the indwelling of the holy spirit. For the spirit to grow in us, for the seeds of faith and hope and love to grow around us, we must be willing to engage the spiritual with the physical, the hope with the reality, family with the stranger, the past with the future. When we marry these things together, then nothing is excluded and that which is sacred takes on a whole new image in the name of Jesus Christ in our lives.

A handwritten signature in black ink that reads "Josh Freshour".

Rev. Josh Freshour



- 1 Klay Seckel, Vickie Curry, Lynn Clabaugh
- 3 Debbie Welch
- 4 Brian Mahler
- 5 Lleyton Holsinger
- 6 Natasha Carmichael
- 7 Keith Haas, Tami Dean
- 9 Rich Wilson
- 12 Ernest Denney, Liam Criswell, Colleen McCartney
- 13 Breann Lewis
- 14 Declan Casey
- 16 Vincent Casey II
- 19 Kory Seckel, Barbara Hersman, Rowynn Holsinger
- 20 Ed Zeisler
- 24 Barbara Pine
- 29 William Miller

***A Birthday Prayer for You***

*On your special day, I pray that God will continue to warm your heart and lift your spirits while granting you peace and serenity on this very special day of yours. Happy birthday to you and may God bless you!*

## Attendance

Date	Sunday School	8:30 a.m.	10:30 a.m.
Good Friday	73		
March 31	27	Sunrise Service – 88	111
April 7	30	32	72
April 14	22	31	78
April 21	22	33	81

***Please pray for our Shut-In Members:*** Darlene Beveridge, Bob Bish, Virginia Chaney, Nettie Criswell, Ernest & Norma Denney, Betty Hampton, Dorothy Houser, Louis & Betty Hughes, Barbara Jones, Bob Lucas, Doris Mosher, Brenda Rider, and Trent Standley.

***Sympathy Notes***

We would like to express our deepest sympathy to the family and friends of Beatrice Kellogg. Beatrice was called to her heavenly home on Monday, April 8.

### **Greeters – 8:30 Worship**

May 5 – Debbie Welch & Pam Larkin  
May 12 – John & Diane Row  
May 19 – John & Gretchen Lewis  
May 26 – Lynn & Velma Clabaugh

### **Liturgist – 10:30 Worship**

May 5 – Marci DeWitt  
May 12 – Faye Roszman  
May 19 – Colleen McCartney  
May 26 – Randy DeWitt

### **Greeters & Acolytes – 10:30 Worship**

May 5 – The Roszman Family  
May 12 – Darlynn Blessing  
May 19 – Mike & Linda Mills  
May 26 – The Boyd Family

### **Bell Ringer – 10:30 Worship**

May 5 – Stan & Jill Casey  
May 12 – John & Diane Row  
May 19 – Judy Stambazze  
May 26 – Brayden & Ava Boyd

### **Hospitality Center**

1<sup>st</sup> Sunday – Guiding Light Circle  
2<sup>nd</sup> Sunday – TBA  
3<sup>rd</sup> Sunday – Serendipity Sunday School Class  
4<sup>th</sup> Sunday – Martha Horne Circle  
5<sup>th</sup> Sunday – Linda Mills and Helpers

***Directory Changes*** (Call the church office, if you would like an updated directory with our new members)

### ***Team Meetings***

The Prayer Team will meet on Sunday, May 5<sup>th</sup>, at 2 p.m.  
The Board of Trustees will meet on Monday, May 6<sup>th</sup>, at 6 p.m. in the Fellowship Hall  
The Finance Team will meet on Thursday, May 9<sup>th</sup>, at 7 p.m. in the Upper Room  
The Staff-Pastor-Parish-Relations Team will meet on Monday, May 13<sup>th</sup>, at 6 p.m. in the Upper Room  
Vacation Bible School Planning Meeting will be on Tuesday, May 14<sup>th</sup>, at 6 p.m. in the Upper Room

The ***National Day of Prayer*** is an annual observance held on the first Thursday of May 2<sup>nd</sup>, inviting people to pray for the nation. It exists to communicate with every individual the need for personal repentance and prayer, to create appropriate materials, and to mobilize the Christian community to intercede for America's leaders and its families. On May 2, 2024, once again, we will hold a National Day of Prayer 24-hour Prayer Vigil! To accomplish this goal, your help is needed! The idea is a chain of praying people, each lifting our nation in prayer for a specific half-hour shift. The overall goal is one full day of prayer with someone from our "church family" praying for our nation and leaders during each of the 48 segments, for a total chain of 24 uninterrupted hours of prayer. The sign-up sheet (with a post-it note reminder for you to place on your calendar!) is in the foyer. Won't you prayerfully consider taking a time-slot to help us reach this goal?

We are hosting ***Life Line Screening*** – here at our church on Friday, May 3<sup>rd</sup>. There is a simple, convenient way for you to get preventive health screenings and learn your risk for stroke, heart disease and other chronic conditions. These painless screenings go beyond your regular checkup to identify dangerous plaque buildup or blockage, a major risk factor for stroke and heart disease. The screenings are accurate, affordable and will give you valuable information about your health that you can share with your doctor. These 4 vital screenings take 60-90 minutes to complete. Register by calling toll free 1-844-591-7160, text the word "circle" to 216-279-1607 or online at <https://lisa.social/HC>

The ***Sacrament of Holy Communion*** will be served at both services on Sunday, May 5<sup>th</sup>.

**Ladies' Lunch** will be held on Sunday, May 5<sup>th</sup>, after the second service.

**Neighborhood Supper** will be Friday, May 17<sup>th</sup>, from 5 – 6 p.m. as a Carry-Out Meal.

**Newsletter Deadline** will be Friday, May 17<sup>th</sup>, for our April 2023 Tower Notes!

**Men's Prayer Breakfast** will be held on Saturday, May 18<sup>th</sup>, at 8 a.m. There will be good food, devotions and fellowship! Please join this amazing group of men!

Originally, the **UWIF Meal in May** honored our Graduates from High School and College. Over the years, it has evolved to include those who have served these graduates in their spiritual walks. So, as in the last several years, the following groups of servants may dine at no cost, on Sunday, May 19<sup>th</sup>, after the second church service: Graduates, choir members, accompanists, ushers, Sunday school teachers, and sound techs. Picnic fare will be the menu. Deli sandwiches, potato salad, baked beans, cheese chunks, vegetables with dip, chips, beverages, and a dessert. All are welcome to this dinner. Meals will be \$8.00 per adult, \$4.00 per child 10 and under, and \$20.00 for a family. Please consider joining us for this day of celebration.

**Marion Music Club** – will perform in our sanctuary on Sunday, May 19<sup>th</sup>, at 3 p.m.

**Laundry Love Ministry** will be Monday, May 20<sup>th</sup>, at 4:30 p.m. at the Southtown Cleaning Village, 355 S. Main Street in Marion. This is a week earlier because of Memorial Day. If you would like to help, please contact the church office.

**Free Community Breakfast** will be held again on Saturday, May 25<sup>th</sup>, from 8:30 – 10:30 a.m. This community outreach is sponsored by the Men's Prayer Breakfast group and the UWIF's S.K.I. Group. This breakfast is free and open to all (donations will be accepted). This will be a wonderful opportunity to get involved and support this effort to reach out into our community and build relationships with our neighbors and be fulfilled in sharing the love and grace of our Lord and Savior Jesus Christ. Come one, come all to help, support or just have breakfast and fellowship. If you have questions, please contact Bill Bess at 740-360-3965. Hope to see you there.

**Noisy Collection** will be on Sunday, May 26<sup>th</sup>, for St. Vincent de' Paul's Food Pantry.

A special **"Peace with Justice Sunday"** offering will be collected on Sunday, May 26<sup>th</sup>.

We will collect for the **Salvation Army Food Pantry** on Sunday, May 26<sup>th</sup>. Suggested donations: **baby food**. They are also in need of paper products and feminine products. Put your donations in the shopping cart in the back of the sanctuary. Thank you!

The **Monday Morning Bible Study** will meet every Monday morning at 9:30 a.m. in the Fellowship Hall.

**Book Study** - every Wednesday evening from 5:30 - 7 p.m. and every Friday morning from 10:30 a.m. - 12 p.m.

If you or someone you know is **graduating from high school or college**, please call the church office.

The **Flower Calendar for 2024** is hanging up in the hallway. The price for fresh flowers is \$46.95. Silk flowers are still \$5.00. Select your date to remember a loved one or to honor a family member or friend. Make checks payable to Prospect Street United Methodist Church.

**Peanut Butter and Jelly Food Drive** - If you would like to continue supporting this mission, please drop off your donations in the Church kitchen. Then, they will be taken to their drop off location.

**Watch our services on YouTube!** Just go to our website and click the YouTube link. Our website address is: [www.prospectstreetumc.com](http://www.prospectstreetumc.com). Or you can watch them on our website by clicking the **Watch Our Previous Services** picture.

**Service DVD's for Shut-Ins!** We have DVD's available of our 10:30 a.m. worship service for anyone who would like to borrow or have a copy. We are delivering DVD Players and the DVD's on Monday mornings! Call Erika in the office for information.

**Memorial Pavers** can be ordered for summer installation. If you would like to purchase a paver for the Memorial Park, forms are available on the library table located in the south alcove. The pavers can be in memory of loved ones who have passed away, or in honor of anyone or anything that you would wish to praise. Cost of a paver is \$75.00. Order forms can be turned in to the office.

**God's Taxi** - We would like to make you aware of a new program (being considered) to provide transportation to and from church for those that want to attend church but have no means to do so. If you know anyone that would be interested please call Erika at the church office or Bill Bess 740-360-3965.

## Upcoming Event

Prospect Street United Methodist Church and Emanuel Lutheran Church will be hosting **THE CARDINAL CHORALE**, under the direction of Mr. Charles R. Snyder on **Sunday, June 9<sup>th</sup>, at 7:00 p.m.** This year the concert will be held here at Prospect Street United Methodist Church.

This is a **Christian Hospitality Opportunity!** We are joining again with our neighbor, Emanuel Lutheran Church, to bring these 40 talented youth singers to Marion. We are asking for your help again!

**FIRST** - Mark the date on your calendars. We need to fill the church for this beautiful musical performance. INVITE FRIENDS. It is FREE. A freewill offering will be taken to help cover the expenses.

**SECOND** - We need HOUSING for 45 people. You can take as many as 2 - ???. These high school to college age kids are willing to sleep on beds or couches! There will also be a few adults. You provide blankets, shower, and a light breakfast for the morning. You will need to pick them up after the concert and bring them back in the morning. If you have hosted in the past and want to help again contact Julie Kubbs or Paul Burnside.

**THIRD** - We need money to help pay for their traveling tour. An account for donations is set up at Emanuel. Donations of any size are truly appreciated. We will acknowledge donors at the June 9<sup>th</sup> Concert! These donations need to be made by Wednesday, June 5<sup>th</sup>, to the Emanuel Church Office.

Marion has had many people in the past perform in this unique ensemble. Kids from all over Ohio audition to be a member of this elite group.

If you have questions, please contact Julie Kubbs or Paul Burnside.

## *Sunday School Classes*

Just a reminder that the New Beginnings Sunday School class has begun studying the Book of Exodus for this quarter. It has been said that the role of the Book of Exodus in the Old Testament is comparable to the role of the Gospels in the New Testament. Just as the Christian Church was founded on the work of Christ, as recorded in the Gospels, so the nation of Israel was founded on its deliverance from Egypt as recorded in Exodus. If you're not currently in a Sunday School class you're invited to give this class a try. It's also a good fit for Choir members as we wrap up in time for pre-service practice. I think you'll find this class enjoyable and a good way to get to know people who you may have only seen in passing. We're located in the basement, right off the elevator. Dave McCartney

## *Education Team Report*

I'd like to extend a hearty thank you to everyone who helped make our first Spring Fling a huge success. I especially want to thank the members of the Education Team who were invaluable in helping with all the activities. We had 35 children attend along with some parents and grandparents. Everyone in attendance appeared to have an enjoyable experience. Special thanks to the sponsors of the community breakfast who willingly cooked and served the extra people who attended in conjunction with the Spring Fling.

The Education Team met on Tuesday, April 9<sup>th</sup>, to make plans for VBS and the introductory event we hope will draw in members of the community and boost our VBS attendance. We are planning a little carnival to be held in the church parking lot on Saturday, July 13<sup>th</sup>, from 10:30 am until noon. We will need volunteers to help organize different games like a bean bag toss, face painting, and bowling. If you have a good outdoor game idea, please let me know. I hope to have 10 different activities. We plan to register attendees and invite them to our VBS July 14<sup>th</sup> through 18<sup>th</sup>.

Our theme for VBS deals with heroes (and heroines) found in the Bible. New this year, we will be providing a light supper for the children as well as the adult workers. Dinner will be served between 5:30 pm and 6:00 pm. We will be asking for donations of individually wrapped snacks (like Little Debbie cakes) to be distributed as the children leave each evening. I'll tell you more about what we need next month. Bible School will run from 6pm until 8pm with pick-up in the sanctuary starting at 8 pm. We are offering a Science section this year which is a difference from last year. We can use more volunteers and would especially welcome some men as helpers. If you are interested in helping with VBS, please let Tammy Criswell or Colleen McCartney know.

We have added a different Bible Story curriculum for the children attending Sunday School. This means that if a child attends Children's Worship and Sunday School they learn 2 different lessons each Sunday.

More volunteers are needed on Sunday mornings in order to offer 1 month on/ 1 month off staffing. We need a few people to be present in the classrooms but not be the main teacher. These persons are required to keep us legal- it is for the protection of our children. Working with them is an important job. They learn so much in the time they spend with us. In our Sunday programs, we are laying the foundation for when they are older and making life choices. Please consider volunteering. I think you will find it to be a rewarding experience.

Our next planning meeting will be on Tuesday, May 14<sup>th</sup>, at 6 pm in the Upper Room. All persons interested in helping are welcome to attend.



United  
Women  
in Faith

### **United Women in Faith Circle Meetings**

The Martha Horne Circle will meet on Thursday, May 2<sup>nd</sup>, at 6:30 p.m.

The Hilda Weiss Circle will meet on Monday, May 13<sup>th</sup>, at 1 p.m.

The Guiding Light Circle will meet on Tuesday, May 14<sup>th</sup>, at 1:30 p.m.

The S.K.I. Group will meet on Tuesday, May 21<sup>st</sup>, at 6:30 p.m.

The **United Women In Faith Executive Board** will meet Monday, May 20<sup>th</sup>, at 2 p.m. in the Fellowship Hall.

### *Thank You Notes*

Thank you to everyone who participated in our first Good Friday Prayer Vigil. We had 20 people pray at the church and at least that many prayed at home. The success of the day was overwhelming. Thank you to all who helped with the Prayer Vigil and a special thanks to Addyson Holsinger for making the Thank You Cards. If you prayed at home and would like the thank you gift, please see a member of the Prayer Team. Next, we are getting ready for the Nation Day of Prayer on May 2<sup>nd</sup>. This is a 24 hour prayer vigil and this one can be done at home. A sign-up sheet is in the foyer along with a pamphlet of things to pray for. Please join us in this important vigil. **Members of the Prayer Team**

Thank you so much for your donation of 81 garden seed packets to Jackson Area Ministries for our garden project. We appreciate your faithfulness to give to this ministry. Our garden coordinators began working on the project the end of February. They are working and preparing for the seeds to arrive. We will be purchasing tomato plants to give out. Our distribution of the garden seeds and tomato plants will be the week of Mother's Day. On March 18<sup>th</sup>, we received a delivery of 80,000 lbs. of seed potatoes and baking potatoes. Those were distributed to about 20 different agencies within the region that we serve. This is a very busy time of the year but also a lot of fun. We are also looking forward to the summer work camps. We have several scheduled for the month of June. These work camps will be building wheelchair ramps and helping with other projects. Thank you again for your donation and may God bless you and your congregation for your giving. **Blessings, Deidra Libby, Office Administrator**

### *Church Finances*

**Finance News** - Three members of the Finance Team completed the required annual audit of the church financial records; Ruth Ann Craig, John Lewis, and Tom Zubler found no problems or discrepancies, and Erika will forward the report to the district office. As the financial report is no longer in the bulletin, the Finance Team chair will bring the congregation up to date quarterly in the newsletter. For the first three months of 2024, we have paid out \$12,562 more than we have taken in. Relying on our general fund balance to hold us over when necessary, we continue to give to the missions our church supports, and to cover our operation costs. As we near our goal for the stained-glass windows repair, you may still want to contribute to that project.

**Stained Glass Window Maintenance Fund** – We completed and paid for the East and South side. We still need to complete the North side, which will cost a total of \$30,304, if we don't have any extra expenses. We currently have \$20,954.97. Keep your eyes on our Fundraiser Thermometer throughout the church for the progress on completing the goal. If you would like to donate to this project, please mark your envelope.

**E-Tithing** is an automatic withdrawal from your checking account and is remitted automatically to the church. We can set it up so it will deduct from your checking account on the 1<sup>st</sup> and/or the 15<sup>th</sup> of each month. Contact the church office for more information!

**Kroger Community Rewards** – Please enroll in the Kroger Community Program. Go to [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) and all the details on creating an online account are there. Under Community Rewards make sure you search and select "Prospect St. United Meth. Chur" our Organization number is VF478. Thank you! If you have any questions, please call Erika.

If you have any question or concerns, please call Erika or see our Treasurer, Pete Stambazze.

*Military Prayer List*

Each Sunday a candle is lit for those in the military. Perhaps some of you are still using our military prayer list. I try to keep that updated. Here is the list I have now. If you know of others that should be deleted, or you would like to add someone, please let Norma Stump know. Her phone number is 1-267-387-1251.

<b>ARMY</b>	<b>NAVY</b>	<b>AIR FORCE</b>
Brandon & Page Chaney Jeremy Conn John Bradley Fausnaugh Kelly McDowell Jonas Meligan (Ft. Campbell, KY) Drew Row Josh Stambaugh Waitman Kapaldo Luke Bushatz (National Guard, Alaska)	Michael Harbolt Brandon Litell Andrew Craig (Reserve in Nevada) Darren Mills (New Zealand)	David McGinnis (National Guard) Lydia Highfill
	<b>MARINES</b>	
	Willie Morris John Stertz Jr. Michael Sullivan	

I have been trying to keep our military list up to date. Some of these names have been on the list since it was started many years ago. If you have requested prayer for any of these people or know who they are related to, please give me a call at 267-387-1251. Thank you Norma Stump.

**In the Army:** Jeremy Conn, John Bradley Fausnaugh, Kelly McDowell, Josh Stambaugh  
**In the Navy :** Michael Harbolt and Brandon Litell  
**In the Marines:** John Stertz Jr. and Michael Sullivan  
**In the Air Force National Guard:** David McGinnis



## From Your Lay Leader



### JOHN 19:34

But when they came to Jesus and saw that He was already dead, they did not break His legs. But one of the soldiers pierced His side with a spear, and immediately blood and water came out.

**John 19: 33** But when they came to Jesus and found that he was already dead, they did not break his legs. **34** Instead, one of the soldiers pierced Jesus' side with a spear, bringing a sudden flow of blood and water.

Through Bible Study Fellowship, a realization about not only the significance of the flow of blood and water from Jesus after death but also how it proved Jesus' death and resurrection, was made apparent to me. Interestingly, the spiritual depth of this occurrence doesn't negate that a medical explanation could be quite likely! As taken from <https://aleteia.org/2019/06/22/a-doctor-on-why-blood-and-water-gushed-from-jesus-heart/>, Dr. Antony de Bono, says that there is a simple reason for the outpouring of the "blood and water." Dr. de Bono explains, "Jesus had a haemothorax, which in the stillness of the dead body, had separated out as they do into two layers: the heavier red cells below and the light watery plasma above. The haemothorax was the result of the **savage flagellation**. The withdrawal of the spear would have been

followed first by the red cells (blood), then by the lighter plasma (water). The body of Jesus had been hanging on the cross, dead, for some time. Obviously the fluid must have accumulated during life by a bleeding into the chest cavity, almost certainly due to the savage flagellation. It is well known that blood in these circumstances in a still dead body starts to separate out, to sediment, the heavier red cells sinking to the bottom leaving a much lighter, straw colored fluid, the plasma above. When the hole was made by the spear, the red cells, which John describes as blood, gushed out first, followed by the plasma, which John saw as water."

The image of water recurs frequently throughout the New Testament Gospels as a symbol of the Savior's purity, cleansing power and true doctrine. Similarly, blood is used often to reflect the sacred mission of Christ and the price of our salvation.

As we contemplate Jesus' love for us, we can thank him not only for his infinite mercy, but also for his very human devotion to us - his adopted brothers and sisters - a love, mercy, and devotion so great that it led him to the cross.

Thank you Jesus. You died for me. Much love and thanksgiving, Lynette

## 8 Times Jesus Bled Mentioned in the Bible



### 1 Garden of Gethsemane

In Luke 22:44 – Jesus sweated blood as He prayed.



### 2 Stripes In His Back

In John 19:1 – This shows Jesus was hurt on the outside, externally.



### 3 Bruised and Beaten

In Matthew 26:67 – This shows that Jesus was hurt under surface or on the inside, internally.



### 4 Crown of Thorns

In John 19:2 – These thorns could be around 3 inches long, drove right into the scalp of the head.



### 5 Spikes in His Hands

In Luke 24:39 -These spikes went all the way through his hands. These nails were maybe 7-9 inches in length.



### 6 Spikes in His Feet

In Luke 24:39 – These spikes went all the way through his feet. These nails were maybe 7-9 inches in length.



### 7 Spear in His Side

In Luke 19:34 – Used to make sure He was dead, out came a flow of water and blood, which indicated He was dead.



### 8 In Heaven He Sprinkled His blood

In Hebrews 9:12 – Like sprinkling of the Blood in the Holy of Holies by the High Priest.

# Church bulletin board

The following appeared in church bulletins or were announced at church services.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off – let the Church help.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

The Rector will preach his farewell message, after which the choir will sing 'Break Forth Into Joy'.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

Potluck supper Sunday at 5pm – prayer and medication to follow.

The church will host an evening of fine dining, super entertainment and gracious hostility.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.

Low Self-Esteem Support Group will meet Thursday at 7pm. Please use the back door.

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: 'I Upped My Pledge – Up Yours.'

This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.

Compiled by Max Bowen

## Is it a cold, the flu, hay fever, or something else?

If your seasonal allergies are acting up worse than ever this year, you may thank climate change for that! A 2021 study found that pollen season starts 20 days earlier and has 21% more pollen than it did in 1990. Other illnesses are also going around right now, such as the common cold and flu. Find out how to tell the difference in the infographic below, or learn more about each condition here. (PS: Keep in mind that symptoms can vary, so don't hesitate to see a doctor if you're concerned or having trouble breathing!)

SYMPTOMS for COVID-19, Flu, Common Cold, and Allergies		
	Primary Symptoms	Less Frequent Symptoms
<b>COVID-19</b>	<ul style="list-style-type: none"> <li>• Cough</li> <li>• Fever</li> <li>• loss of taste or smell</li> <li>• Fatigue</li> </ul>	<ul style="list-style-type: none"> <li>• Sore throat</li> <li>• Headache</li> <li>• Body aches</li> <li>• Diarrhea</li> <li>• A skin rash/discoloration of fingers or toes</li> <li>• Red or irritated eyes</li> </ul>
<b>SEASONAL FLU</b> (Influenza)	<ul style="list-style-type: none"> <li>• Fever or feeling feverish/chills (not all flu cases include fever, however)</li> <li>• Cough</li> <li>• Muscle or body aches</li> <li>• Headache</li> <li>• Fatigue</li> </ul>	<ul style="list-style-type: none"> <li>• Sneezing</li> <li>• Sore throat</li> <li>• Runny or stuffy nose</li> <li>• Nausea</li> <li>• Diarrhea</li> </ul>
<b>COMMON COLD</b>	<ul style="list-style-type: none"> <li>• Sneezing</li> <li>• Stuffy nose</li> <li>• Sore throat</li> <li>• Mild to moderate chest discomfort and cough</li> </ul>	<ul style="list-style-type: none"> <li>• Fatigue</li> <li>• Body aches</li> </ul>
<b>SEASONAL ALLERGIES</b> (Hay Fever)	<ul style="list-style-type: none"> <li>• Runny nose</li> <li>• Itchy eyes, mouth or skin</li> <li>• Sneezing</li> <li>• Stuffy nose</li> </ul>	<ul style="list-style-type: none"> <li>• Wheezing</li> <li>• Shortness of breath</li> <li>• Fatigue due to lack of sleep</li> </ul>



### Symptoms Requiring Medical Attention (COVID-19)

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

# May *Prayer List*

1. Pray for the homeless of Marion
2. Pray for our Nation
3. Pray for Dave & Renee Allen
4. Pray for Jim & Betty Anderson
5. Pray for Bill & Sue Bess
6. Pray for our Trustees
7. Pray for Jonas and Erika Meligan
8. Pray for Marilyn Sanderson
9. Pray for Molly Lu Balis
10. Pray for John and Diane Row
11. Pray for Merle Reed
12. Pray for Art & Marilyn Barbour
13. Pray for Kenny and Brenda Rider
14. Pray for David Starner
15. Pray for William & Carolyn Bennett
16. Pray for Judy Tong
17. Pray for Deborah Beveridge
18. Pray for John Paul Holsinger
19. Pray for our church family's high school/college graduates
20. Pray for the UWIF Executive Board members
21. Pray for someone who loves you
22. Pray for our choirs
23. Pray for Darlene Beveridge
24. Pray for Betty Hampton
25. Pray for those persons you know who are addicted to drugs
26. Pray for the children in your family
27. Pray for Barbara Bishop
28. Pray for your neighbors
29. Pray for Anita Baker
30. Pray for our soldiers
31. Pray for those you know who do not know Jesus



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 5:30 p.m. Book Study 6 p.m. Children's Choir 7 p.m. Adult Choir	2 National Day of Prayer 6:30 p.m. Martha Horne Circle	3 Life Line Screening 10:30 a.m. Book Study	4
5 Holy Communion  8:30 a.m. Praise Celebration 9:30 a.m. Sunday School 10:30am Traditional Worship Ladies' Lunch 2 p.m. Prayer Team	6  9:30 a.m. Bible Study 6 p.m. Board of Trustees 6:30 p.m. BSA Scouts	7  5 p.m. & 6:30 p.m. TOPS Weigh-In & Meeting	8  5:30 p.m. Book Study 6 p.m. Children's Choir 7 p.m. Adult Choir	9  7 p.m. Finance Team	10  10:30 a.m. Book Study	11
12  8:30 a.m. Praise Celebration 9:30 a.m. Sunday School 10:30am Traditional Worship	13  9:30 a.m. Bible Study 1 p.m. Hilda Weiss Circle 6 p.m. Staff-Pastor-Parish Relations Team 6:30 p.m. BSA Scouts	14  1:30 p.m. Guiding Light Circle 5 p.m. & 6:30 p.m. TOPS Weigh-In & Meeting 6 p.m. VBS Planning Meeting	15  5:30 p.m. Book Study 6 p.m. Children's Choir 7 p.m. Adult Choir	16  3:45 p.m. Mobile Meals	17  10:30 a.m. Book Study 5 – 6 p.m. Neighborhood Supper Carry-Out  Newsletter Deadline	18  8 a.m. Men's Prayer Breakfast
19  8:30 a.m. Praise Celebration 9:30 a.m. Sunday School 10:30am Traditional Worship Recognition Meal after Church 3 p.m. Marion Music Club	20  9:30 a.m. Bible Study 2 p.m. UWIF Exec. Board 4:30 p.m. Laundry Love 6:30 p.m. 6:30 p.m. BSA Scouts	21  5 p.m. & 6:30 p.m. TOPS Weigh-In & Meeting 6:30 p.m. S.K.I. Group	22  5:30 p.m. Book Study 6 p.m. Children's Choir 7 p.m. Adult Choir	23	24  10:30 a.m. Book Study	26  8:30 – 10:30 a.m. Community Breakfast
26  8:30 a.m. Praise Celebration 9:30 a.m. Sunday School 10:30am Traditional Worship Salvation Army Food Pantry Collection Noisy Collection	27  Happy Memorial Day	28  5 p.m. & 6:30 p.m. TOPS Weigh-In & Meeting	29  5:30 p.m. Book Study 6 p.m. Children's Choir 7 p.m. Adult Choir	30	31  10:30 a.m. Book Study	



Prospect Street  
A United Methodist Congregation  
185 S. Prospect Street  
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**RETURN SERVICE REQUESTED**

SENT WITH A PRAYER AND A BLESSING TO:

*Sunday Worship*

8:30 a.m. Praise Celebration  
9:30 a.m. Sunday School  
10:30 a.m. Traditional Worship

*Pastor: Joshua Freshour*

*Church Office Hours:*

*Monday - Friday from 9:00 a.m. - 4:00 p.m.*

*Church Phone: 740-382-6069*

*Web-site: [www.prospectstreetumc.com](http://www.prospectstreetumc.com)*

*Pastor Josh: [pastor@prospectstreetumc.com](mailto:pastor@prospectstreetumc.com)*

*Erika: [secretary@prospectstreetumc.com](mailto:secretary@prospectstreetumc.com)*

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